FOOD BACKPACK MINISTRY

Thank you for your continued commitment to providing food-filled backpacks for 20 food-insecure Justice Page Middle School families once a month.

St. John's provides food-filled backpacks for 20 food-insecure Justice Page Middle School families once a month. Each month we fill 3 sets of backpacks – 10 with food that is culturally-appropriate for Latina families, 5 with food that is culturally-appropriate for Somali families, and 5 that are a regular mix of foods.

Ways you can help:

- 1. **Be part of a team of 2-3 people** that inventory our food stock and determine what items need to be purchased.
- 2. **Purchase 1 or more of the following items** every month for several months. Foods can be ordered online and delivered to church. (*List updated for January*)

20 - 15 oz. cans diced tomatoes

20 packs of spaghetti

20 - 24 oz. non-glass (plastic or metal) marinara pasta

sauce

20 - 1-pound bags brown rice

40 boxes macaroni and cheese

20 cans fruit

20 cans vegetables

5 cans stew/hearty soup

5 cans beef ravioli

20 jars (16-oz) peanut butter

20 boxes of granola bars



3. **Lead packing** 2 or more times per year. We will train you before you are in charge. Packing happens on these Sundays after worship, during fellowship hour:

Feb. 11, March 17, April 14, May 12, and June 9.

4. Transport backpacks to Justice Page School 2 or more times/year.

Deliveries are made one Thursday per month between 8:30-9:00AM:

Feb. 15, March 21, April 18, May 16, and June 13.

5. **Donate money** directed to Backpack Ministry. During the winter months, much of the food will be ordered online and delivered to church. Monetary donations are appreciated to the "Backpack Ministry".

Please contact Tamara and Mark Gebhardt (gebhardtfamily@msn.com or text to 612-275-2317) or Elizabeth Roe (willettteroe@yahoo.com or text to 612-817-9919) if you want to sign up for a role above or if you have questions.