

St John's Lutheran Church

4842 Nicollet Avenue South
Minneapolis, Minnesota 55419
www.stjohnsmpls.org

*Fueled by Christ's redeeming love,
St. John's is called into a joyful life of
welcoming hospitality, grace-filled
worship, transformational relationships,
and Gospel-driven service in the world.
St. John's is an RIC congregation.*

A vibrant community living faith boldly through Welcoming, Worshiping, Healing, and Serving

SERVICE OF WORD AND SACRAMENT

Third Sunday after Epiphany

January 21, 2024

Welcome! Whether in the pews or online, whether for the first time or you've come more times than you can count, we are glad you are here. You are welcome to participate in every part of the worship service, including Holy Communion. Those of you joining online are invited to prepare a cracker or piece of bread and some juice or wine for partaking at that point in the service. Those in person are encouraged to sit in the forward half of the sanctuary both for audio and visual benefit. You're invited to create and wear a name tag, and to fill out a white Fellowship Card from your pew rack if you wish and hand it to an usher.

PRELUDE

How Good, Lord, to be Here!

Anne Krentz Organ

WELCOME

CONFESSION & FORGIVENESS

Blessed be the holy Trinity, ✝ one God,
creator of darkness and light, word of truth,
wind sweeping over the waters.

Amen.

Let us confess our sin in the presence of God and of one another.

Silence is kept for reflection.

God, our rock and refuge,
we pour out our hearts before you.

We have known you but have not always loved you.

We have wounded one another and sinned against you.

**We have not always recognized the Holy Spirit
dwelling in each of us.**

Remember your covenant.

Renew your creation.

Restore us, that we might proclaim your good news to all.

Amen.

God has spoken: The time of grace is now.

In Jesus, the reign of God has come near.

By the authority of ✝ Jesus Christ, your sins are forgiven.

You are God's beloved.

Amen.

GREETING

The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all.

And also with you.

KYRIE (*ELW Setting 3*)

In peace, let us pray to the Lord. **Lord, have mer - cy.**

For the peace from above, and for our salvation, let us pray to the Lord.

Lord, have mer - cy.

For the peace of the whole world, for the well-being of the church of God,

and for the unity of all, let us pray to the Lord.

Lord, have mer - cy.

For this holy house, and for all who offer here their worship and praise,

let us pray to the Lord. **Lord, have mer - cy.**

Help, save, comfort, and defend us, gra - cious Lord. **A - men.**

HYMN OF PRAISE

Refrain

This is the feast of vic-to-ry for our God. Al-le - lu - ia,

al - le - lu - ia, al - le - lu - ia. I Wor - thy is Christ, the Lamb

who was slain, whose blood set us free to be peo - ple of God.

(continued)

Refrain

This is the feast of vic-to-ry for our God. Al-le - lu - ia,

al-le - lu - ia, al - le - lu - ia. 2 Pow - er, rich-es, wis - dom, and

strength, and hon - or, bless - ing, and glo - ry are his.

Refrain

This is the feast of vic-to-ry for our God. Al-le - lu - ia,

al-le - lu - ia, al - le - lu - ia. 3 Sing with all the peo - ple of

God, and join in the hymn of all cre - a - tion: Bless - ing, hon - or,

glo - ry, and might be to God and the Lamb for - ev - er. A - men.

Refrain

This is the feast of vic-to-ry for our God. Al-le - lu - ia,

al-le - lu - ia, al - le - lu - ia. 4 For the Lamb who was

slain has be - gun his reign. Al - le - lu - ia.

Final refrain

This is the feast of vic-to-ry for our God.

Al-le - lu - ia, al - le - lu - ia, al - le - lu - ia.

PRAYER OF THE DAY

Let us pray.

Jesus, healer of mind and body, we sometimes suffer at the hands of physical, mental, and spiritual ailments. Quiet our minds, still our hearts, and empower our bodies so that we may be whole and healed. Amen.

During the singing of verses 1 & 2 of the canticle, children of every age are invited to come forward to the front pews to join Edith for the Faith Formation Moment. Visitors are welcome!

SCRIPTURE CANTICLE

This Little Light of Mine

ELW 677

(vv. 1 & 2 before, v. 2 after)



1 This lit - tle light of mine, I'm goin' - a let it shine;
2 Ev - 'ry - where I go, I'm goin' - a let it shine;
3 Je - sus gave it to me, I'm goin' - a let it shine;



this lit - tle light of mine, I'm goin' - a let it shine;
ev - 'ry - where I go, I'm goin' - a let it shine;
Je - sus gave it to me, I'm goin' - a let it shine;



this lit - tle light of mine, I'm goin' - a let it shine,
ev - 'ry - where I go, I'm goin' - a let it shine,
Je - sus gave it to me, I'm goin' - a let it shine,



let it shine, let it shine, let it shine.
let it shine, let it shine, let it shine.
let it shine, let it shine, let it shine.

Text: African American spiritual
Music: THIS JOY, African American spiritual

WORD OF THE WEEK

Edith Bohardt

After the Word of the Week, children may return to be with their families in the pews or go to 'Grace Space' at the back of the sanctuary while the people sing verse 2 of "This Little Light."

PSALM

Psalm 89:1-4

Please join in the responsive reading from Psalm 89.

¹I will sing of your steadfast love, O LORD, forever;
with my mouth I will proclaim your faithfulness to all generations.

**²I declare that your steadfast love is established forever;
your faithfulness is as firm as the heavens.**

³You said, "I have made a covenant with my chosen one,
I have sworn to my servant David:

**⁴I will establish your descendants forever,
and build your throne for all generations."**

Please rise for the reading of the Gospel.

GOSPEL READING

Mark 5:1-20

The holy gospel according to Mark, the fifth chapter.

Glory to you, O Lord.

¹They came to the other side of the sea, to the country of the Gerasenes. ²And when he had stepped out of the boat, immediately a man out of the tombs with an unclean spirit met him. ³He lived among the tombs; and no one could restrain him any more, even with a chain; ⁴for he had often been restrained with shackles and chains, but the chains he wrenched apart, and the shackles he broke in pieces; and no one had the strength to subdue him. ⁵Night and day among the tombs and on the mountains he was always howling and bruising himself with stones. ⁶When he saw Jesus from a distance, he ran and bowed down before him; ⁷and he shouted at the top of his voice, "What have you to do with me, Jesus, Son of the Most High God? I adjure you by God, do not torment me." ⁸For he had said to him, "Come out of the man, you unclean spirit!" ⁹Then Jesus asked him, "What is your name?" He replied, "My name is Legion; for we are many." ¹⁰He begged him earnestly not to send them out of the country. ¹¹Now there on the hillside a great herd of swine was feeding; ¹²and the unclean spirits begged him, "Send us into the swine; let us enter them." ¹³So he gave them permission. And the unclean spirits came out and entered the swine; and the herd, numbering about two thousand, rushed down the steep bank into the sea, and were drowned in the sea.

¹⁴The swineherds ran off and told it in the city and in the country. Then people came to see what it was that had happened. ¹⁵They came to Jesus and saw the demoniac sitting there, clothed and in his right mind, the very man who had had the legion; and they were afraid. ¹⁶Those who had seen what had happened to the demoniac and to the swine reported it. ¹⁷Then they began to beg Jesus to leave their neighborhood. ¹⁸As he was getting into the boat, the man who had been possessed by demons begged him that he might be with him. ¹⁹But Jesus refused, and said to him, "Go home to your friends, and tell them how much the Lord has done for you, and what mercy he has shown you." ²⁰And he went away and began to proclaim in the Decapolis how much Jesus had done for him; and everyone was amazed.

The gospel of the Lord.

Praise to you, O Christ.

HYMN OF THE DAY

Alleluia, Song of Gladness

ELW 318

APOSTLES' CREED

Living together in trust and hope, we confess our faith.

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, God's only Son, our Lord,

who was conceived by the Holy Spirit,

born of the virgin Mary,

suffered under Pontius Pilate,

was crucified, died, and was buried;

he descended to the dead.

On the third day he rose again;

he ascended into heaven,

he is seated at the right hand of the Father,

and he will come to judge the living and the dead.

I believe in the Holy Spirit,

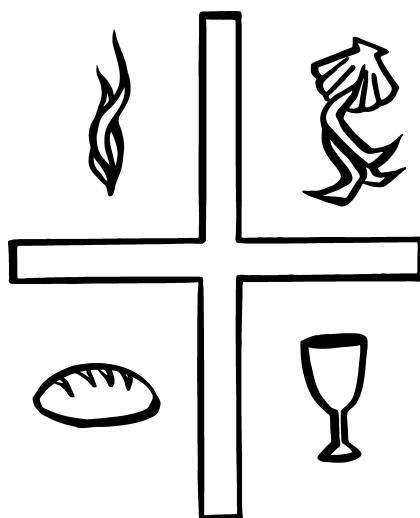
the holy catholic church,

the communion of saints,

the forgiveness of sins,

the resurrection of the body,

and the life everlasting. Amen



PRAYERS OF THE CHURCH

As we celebrate Christ embodied in human form, we pray for God's blessing on the church, the world, and all of creation.

A brief silence.

God our rock and deliverance, do not let your church be shaken. We trust you never abandon your promises to the most vulnerable. Give your church bold wisdom and humble empathy in its varied ministries. God of grace,
receive our prayer.

God our hope and refuge, you placed the fish in the sea. Guide our care of oceans and all creatures that live in them. Hold us accountable for actions that endanger water sources and the people who depend on them. God of grace,
receive our prayer.

God who proclaims judgement and provides mercy, be a model to the leaders of our nation and the world. As they lead, may they follow in your way of justice and truth. God of grace,
receive our prayer.

God who cares for the suffering, care for survivors of all forms of assault and abuse; and sustain all who minister to them. Keep safe any who live under threat of violence, those living in poverty, and any among this congregation who are ill or in pain, especially Kathy Cashin, Brian Conrad, Bruce Walker, Jan Sammelson, Lana Tiede, Debbie Tuvey, George Tuvey, Nels Tuvey, Debra Jacobs, Sandy Rader, Kris Schepers, Karen O., Jeannie C, Kris Roe, and others we name in our hearts *An intentional moment of silence* God of grace,
receive our prayer.

God of resurrection and new life, as the first disciples shared the good news, empower us and this faith community to be open to your call. When we are uncertain of your call, assure us. When we have strayed from your ways, redirect us. God of grace,
receive our prayer.

God who tenderly holds the saints, we trust you welcome them into your care. Comfort those who grieve, even as we place our hope in your salvation. God of grace,
receive our prayer.

Knowing the Holy Spirit intercedes for us, we offer these prayers and the silent prayers of our hearts in the name of our Savior, Jesus the Christ.

Amen.

SHARING THE PEACE OF CHRIST

The peace of the Lord be with you always.
And also with you.

OFFERING

The ways of financially contributing to St. John's ministry are listed on the 'Worship Notes' page of this bulletin.

Musical Offering

What a Fellowship, What a Joy Divine
St. John's Bells

Susan Berry/Janet Van Valey

A word about 'The Offering' *The offering is an important part of Christian worship. In all other parts of the liturgy we receive from God forgiveness, love, peace and hope. In the offering we actively participate in God's grace by giving. The Offering Cards available in the pew racks are for you to place in the offering plate as a representation of your financial contributions given electronically and of your non-financial generosity. Your offerings, offering cards, and pledge cards may be placed in the offering plates set near the sanctuary entrances. These are then presented to God as your weekly offering.*

OFFERTORY

He Came Down

ELW 253 (vv. 1 & 4)



- 1 He came down that we may have love; he came down that we may have love;
- 2 He came down that we may have light; he came down that we may have light;
- 3 He came down that we may have peace; he came down that we may have peace;
- 4 He came down that we may have joy; he came down that we may have joy;



he came down that we may have love;
he came down that we may have light; hal - le - lu - jah for - ev - er - more.
he came down that we may have peace;
he came down that we may have joy;

Text: Cameroon traditional

Music: HE CAME DOWN, Cameroon traditional

OFFERING PRAYER

Blessed are you, Holy One, for all good things come from you. In bread and cup you open heaven to us. Meet us at this table, that we receive what we seek and follow your Son, Jesus, in whose name we pray. Amen.

THE GREAT THANKSGIVING

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

THE WORDS OF INSTITUTION

THE LORD'S PRAYER

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil.

For the kingdom, the power, and the glory are yours, now and forever. Amen.

INVITATION TO COMMUNION

At Jesus' table, heaven and earth are joined as one. Come and see.

COMMUNION HYMN

He Comes to Us as One Unknown

ELW 737 (vv. 1-2, 4-5)



1 He comes to us as one un-known, a breath un - seen, un -
2 He comes when souls in si - lence lie and thoughts of day de -
3 He comes to us in sound of seas, the o - cean's fume and
4 He comes in love as once he came by flesh and blood and
5 He comes in truth when faith is grown; be - lieved, o - beyed, a -



heard; as though with - in a heart of stone, or shriv - eled seed in
part; half - seen up - on the in - ward eye, a fall - ing star a -
foam; yet small and still up - on the breeze, a wind that stirs the
birth; to bear with - in our mor - tal frame a life, a death, a
dored; the Christ in all the scrip - tures shown, as yet un - seen, but



dark - ness sown, a pulse of be - ing stirred, a pulse of be - ing stirred.
cross the sky of night with - in the heart, of night with - in the heart.
tops of trees, a voice to call us home, a voice to call us home.
sav - ing name, for ev - 'ry child of earth, for ev - 'ry child of earth.
not un - known, our Sav - ior and our Lord, our Sav - ior and our Lord.

Communion Note:

All are welcome at the Lord's Table.

Communion will be served in continuous fashion as directed by the Ushers. Wafers, wine (red) and grape juice (white) are offered. Anyone choosing to not commune is welcome to come forward and receive a blessing. If you would like communion brought to you in the pew, please let an Usher know.

POST-COMMUNION BLESSING

The body and blood of our Lord Jesus Christ nourish you, strengthen you and keep you in God's grace.

Amen.

PRAYER AFTER COMMUNION

Giver of every gift, Christ's body is our food, and we are Christ's body. Raise us to life by your power for the benefit of all and to your glory, now and forever.

Amen.

ANNOUNCEMENTS

BLESSING

God who names you,
Christ who claims you,
and the Holy Spirit who dwells in you,
✠ bless you and remain with you always.

Amen.

SENDING HYMN

O Lord, Now Let Your Servant

ELW 313

DISMISSAL

Go in peace. You are God's beloved.

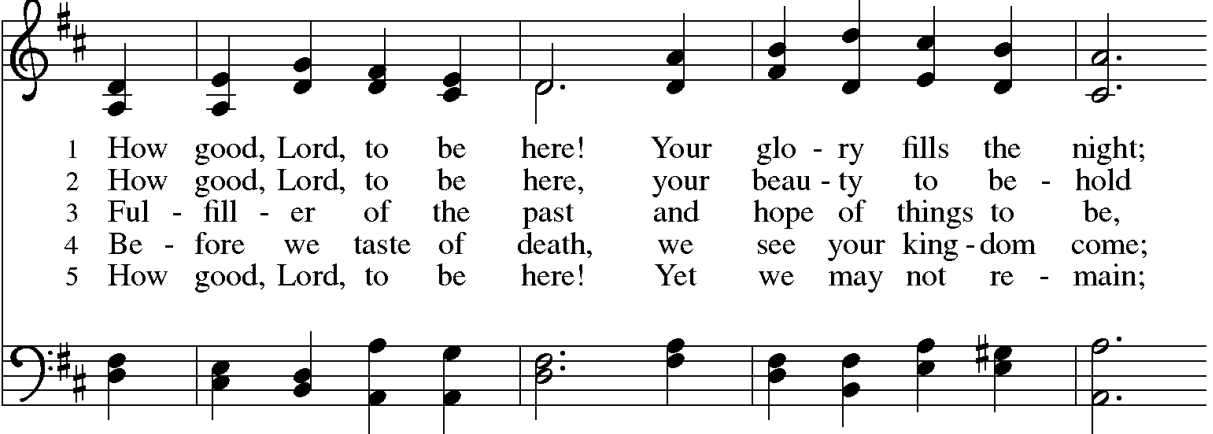
Thanks be to God.

POSTLUDE

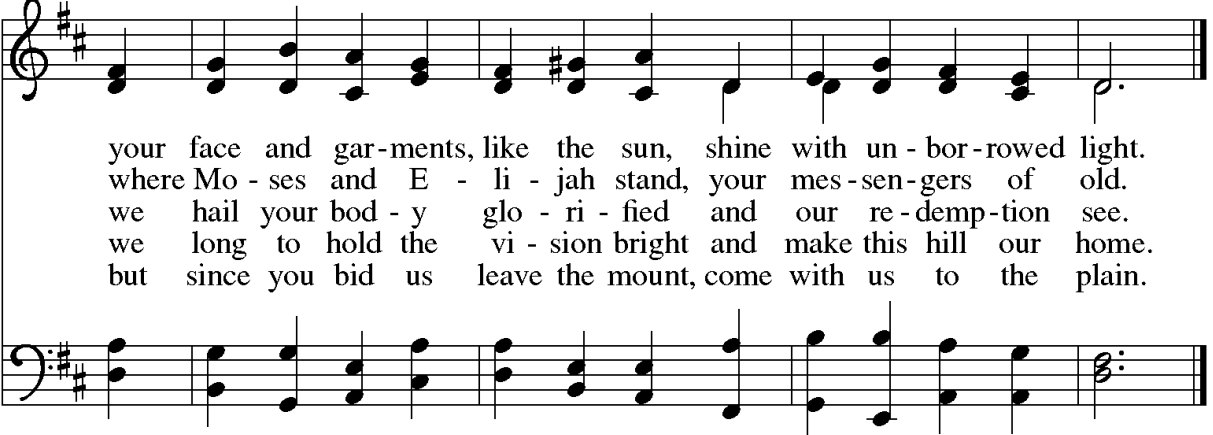
O Lord, Now Let Your Servant

John Helgen

How Good, Lord, to Be Here!



1 How good, Lord, to be here! Your glo - ry fills the night;
2 How good, Lord, to be here, your beau - ty to be - hold
3 Ful - fill - er of the past and hope of things to be,
4 Be - fore we taste of death, we see your king - dom come;
5 How good, Lord, to be here! Yet we may not re - main;



your face and gar - ments, like the sun, shine with un - bor - rowed light.
where Mo - ses and E - li - jah stand, your mes - sen - gers of old.
we hail your bod - y glo - ri - fied and our re - demp - tion see.
we long to hold the vi - sion bright and make this hill our home.
but since you bid us leave the mount, come with us to the plain.

Text: Joseph A. Robinson, 1858-1933, alt.
Music: POTSDAM, W. Mercer, *The Church Psalter and Hymn Book*, 1854

Alleluia, Song of Gladness

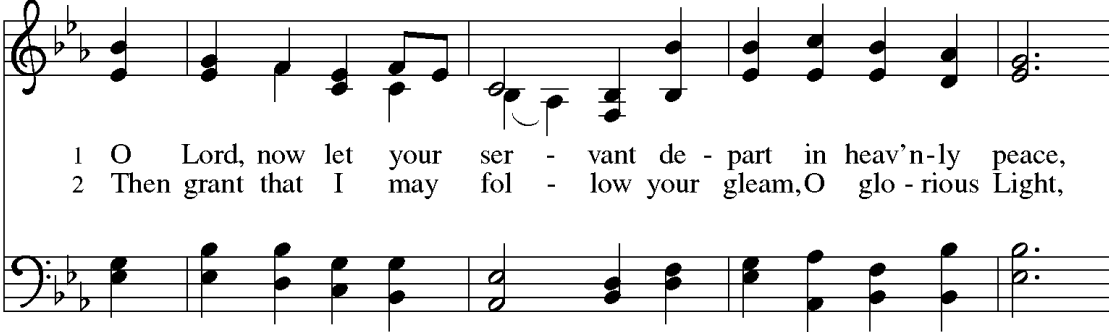
1 Al - le - lu - ia, song of glad - ness, voice of joy that can - not die;
2 Al - le - lu - ia you are sound - ing, true Je - ru - sa - lem and free;
3 Al - le - lu - ia can - not al - ways be our song while here be - low;
4 In our hymns we pray with long - ing: Grant us, bless - ed Trin - i - ty,

al - le - lu - ia is the an - them ev - er dear to choirs on high;
al - le - lu - ia, joy - ful moth - er, bring us to your ju - bi - lee;
al - le - lu - ia our trans - gres - sions make us for a while for - go;
at the last to keep glad Eas - ter with the faith - ful saints on high;

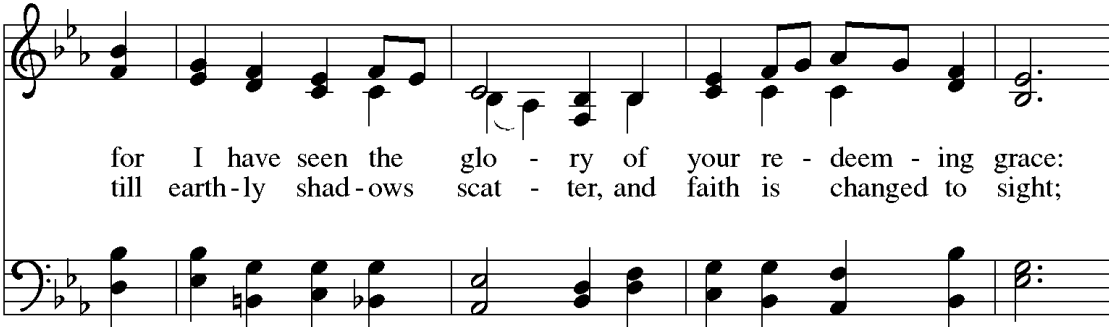
in the house of God a - bid - ing thus they sing e - ter - nal - ly.
here by Bab - y - lon's sad wa - ters mourn - ing ex - iles still are we.
for the sol - emn time is com - ing when our tears for sin shall flow.
there to you for - ev - er sing - ing al - le - lu - ia joy - ful - ly.

Text: Latin hymn, 11th cent.; tr. John Mason Neale, 1818–1866, alt.
Music: PRAISE, MY SOUL, John Goss, 1800–1880

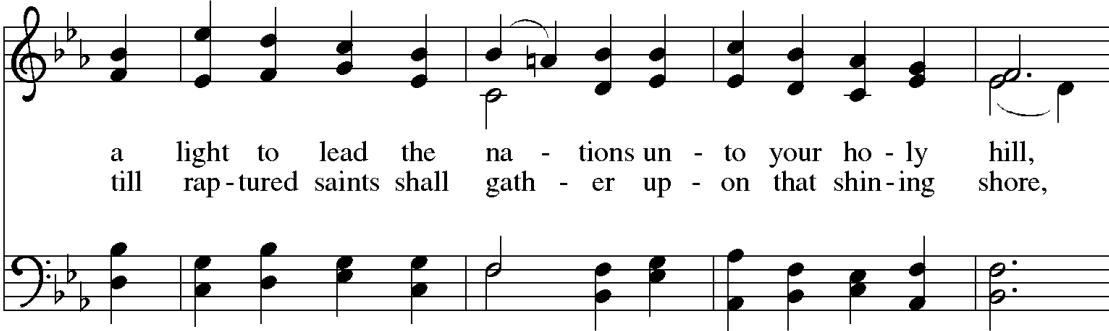
O Lord, Now Let Your Servant



1 O Lord, now let your ser - vant de - part in heav'n-ly peace,
2 Then grant that I may fol - low your gleam, O glo - rious Light,



for I have seen the glo - ry of your re - deem - ing grace:
till earth-ly shad - ows scat - ter, and faith is changed to sight;



a light to lead the na - tions un - to your ho - ly hill,
till rap-tured saints shall gath - er up - on that shin - ing shore,



the glo - ry of your peo - ple, your cho - sen Is - ra - el.
where Christ, the bless - ed day - star, shall light them ev - er - more.

WORSHIP NOTES

- **Worship is at 10 a.m. Sunday mornings in person and online**
 - ◊ Live on YouTube (link posted on St. John's Facebook page and website).
- Holy Communion is celebrated each Sunday.
- Nursery care is available upstairs in Grace Place, 9:30-12:30 on Sunday mornings.
- Activities for children are available at the back of the sanctuary in Grace Space.
- "The Story at Home" devotional sheets are available at the entrances.
- Fellowship time is offered each Sunday following worship.

Our Guest Pastor:

We are grateful to the Rev. Kathryn Tiede for her presence and ministry with us today. Pastor Kathryn Tiede serves under call through the St. Paul Area Synod at Lutheran Social Service of Minnesota as Associate Vice President for Philanthropy. She is proud to be a cousin to Pastor Mark, as well as wife to Pastor Gary Guptill and a mother of many children.

The Offering is an important part of Christian worship. In addition to placing your offering in the plate, you may also contribute offerings to the ministries of St. John's by:

- **TEXT** the word 'Give' to 612-800-0444 and follow the prompts,
- **GIVE** through our website or your Breeze member app, or
- **MAIL** your check to: St. John's Lutheran Church
4842 Nicollet Ave,
Minneapolis, MN 55419

St. John's 'Guest' WiFi pw: #MartinLuther

Reading for January 28 - Epiphany 4

Mark 5:21-43 (Psalm 131)

From Sundays and Seasons.com. Copyright 2015 Augsburg Fortress. All rights reserved. Reprinted by permission under New Revised Standard Version Bible, copyright 1989, Division of Christian Education of the National Council of the Churches of Christ in the United States of America. Used by permission. All rights reserved. Reprinted/streamed by permission under Augsburg Fortress Liturgies Annual License #23700, ONE LICENSE #A-731115, and CCLI Licenses CSPL 185814/11274462. © 2014-2022 Spirit & Truth Publishing—All Rights Reserved

Worship Leaders

Presiding Minister:
Pastor Kathryn Tiede

Organist/
Minister of Music:
Peder Flaten

Assisting Minister:
Mark Nervig

Communion Preparer:
Lori Johnson

Usher:
Larry Fraser

Media Specialist
Matthew Tiede

Media Volunteers:
Dylan Noaman
Eleanor Nervig
Sam Nervig

Offering Counters:
Bonnie Conrad
Jeanne Tuvey

Fellowship Hosts:
Ron & Bonnie Conrad

Church Council

President:
Jennifer Burdick

Vice President:
Rick Falcon

Secretary:
Bonnie Conrad

Treasurer:
JoAnn Christoferson

At Large:
Deborah Dunham

Sharon Koschak
Anne Nervig

St. John's Staff

Pastor:

Mark Tiede

Organist/

Minister of Music:

Peder Flaten

Cross+Generational

Ministry Director

Edith Bobardt

Nursery Attendant

Diane Harayda

Assistant for Ministry

Ann Paulson

Office Volunteer:

Deborah Dunham

Bookkeeper:

David Roinas

Media/Marketing

Specialist:

Matthew Tiede

Custodians:

Joseph Sabai (Day)

Manuela Solorzano (Sunday)

Dir. of Child Care Center

Tina Shear

Chi Rho Center Manager

Dave Helm

Ministry Teams

Administration

Chi Rho Center

Child Care Center

Community &

Neighborhood

Cross+Generational

Facilities

Foundation

Music Series

Worship

Website:

www.stjohnsmpls.org

Facebook:

StJohnsMpls

Contact:

[communications@](mailto:communications@stjohnsmpls.org)

stjohnsmpls.org;

612-827-4406

Our Life Together

Today

Nursery for age 3 and younger, 9:30 a.m.—12:30 p.m.

Grace Place learning for children, 11:15 a.m. (top floor)

Fellowship following worship (FH)

Tuesday, January 23

Metropolitan Men's Choir, 7 p.m. (FH)

Wednesday, January 24

Confirmation at Bethlehem, 6:30 p.m.

SJ Choir, 6:45 p.m. (FH)

Thursday, January 25

Holy Conversations, 10 a.m. (Lounge)

Saturday, January 27

Metropolitan Men's Choir, 9 a.m. (FH)

Sunday, January 28 — Epiphany 4

Worship with Holy Communion, 10 a.m. in person & online

Annual Congregational Meeting & Fellowship following worship (FH)

THE ANNUAL MEETING OF ST. JOHN'S CONGREGATION for the purpose of approving a ministry budget for 2024 will convene next Sunday following worship. Members are urged to attend. Copies of the 2024 budget proposal are available today in narthex and fellowship hall for reference.

HELP COLLECT TOWELS: Missionary Circle invites the congregation to bring new/gently used towels as well as winterwear during January for donation to homeless shelters for use by residents. Donations may be left on the office lobby pew. If you order items to be delivered to the church, please let the office know so that we can watch for the delivery.

ST. JOHN'S CHILI & CORNBREAD CONTEST—Feb. 4!

Think your chili and/or cornbread has what it takes to win the Golden Ladle and/or Golden Spatula? Bring in your entry for the contest on Sunday, February 4th. All chili entries are welcome from mild to super spicy, meat-filled or meatless, red or white. At fellowship, people will taste all entries and vote for their favorites with cash. One chili and one cornbread will win. All money goes to charity.

LISTENING FOR GOD: LENTEN BOOK STUDY—We will be reading "Listening for God in Contemporary Literature" Volume 1, a collection of short stories by great authors. We will read on our own, then join up for discussion — in person and on Zoom. All are welcome! **Tuesdays evenings 6:30-7:30 p.m., Feb 20, Feb 27, Mar 5, Mar 19, Mar 26.** Email edith@stjohnsmpls.org if you are interested.

Also in February:

- **Shrove (Fat) Tuesday Party—February 13, 5:30-7:30 p.m.** in FH
- **Ash Wednesday Worship at St John's—February 14, 7 p.m.**

St. John's Lutheran Church
A Reconciling in Christ (RIC) congregation of the
Evangelical Lutheran Church in America (ELCA).

Our Mission:

Fueled by Christ's redeeming love, St. John's is called into a joyful life of welcoming hospitality, grace-filled worship, transformational relationships, and Gospel-driven service in the world.

Our Core Values:

Welcoming

Celebrating and caring for all people. Our doors are open.
You belong. Come as you are.

Worshiping

Gathering together to joyfully thank God in prayer and praise for Jesus, who calls us, centers us, and sends us into the world.

Healing

Reflecting God's unconditional grace and love by walking together through the joys and pains of life.

Serving

Gratefully responding to the needs of the world with the abilities God has gifted us.

Our Vision for the Future:

A vibrant community living faith boldly